

## SUPPORT TO INDIVIDUALS AND FAMILIES

### Smallwood Trust

Open to women aged 18 or above, living in the UK, on a low income / not in work and in receipt of all benefits entitled to, or have no recourse to public funds, with savings under £2,000. Priority to: single parents, the disabled, no recourse to public funds, who are or who have been affected by domestic violence or abuse and BAME women. Typical uses might include: increase in household energy bills, or weekly food shop and essentials or other increases to bills through daily living.

Grants up to £750. Each month they aim to award c.£25k in grants up to Dec to a total value of c.£200k.

<https://www.smallwoodtrust.org.uk/grants-individuals-COST%20OF%20LIVING>

### Sense Cost of Living fund

To provide financial support to people with complex disabilities who live in the family home and are on low incomes. Grants £500, but applications must be completed on the individual's behalf by a social care professional nominated by Sense. No restriction on how the money can be spent. No deadline. England, Wales and Northern Ireland.

<https://www.sense.org.uk/our-services/sense-cost-of-living-support-fund/>

### Depher

Provide vulnerable people access to vital emergency works. It offers partial or fully discounted costs on emergency work including: Gas leaks, No heating, No hot water. Also provides financial help to people over 65, the disabled and families/individuals on low income. This has included buying food and paying gas/electric bills. The service is free during the winter months and discounted services at other times <https://www.depther.com/>

### Royal British Legion

The Royal British Legion has launched a Cost of Living Grants Programme. This programme is designed to allow them to assist people who need help in a quick and easy way with everyday essentials such as kitchen appliances, clothes, and energy costs. This programme is open to anyone who is eligible for their support struggling to pay for items and services they need. They aim to assess applications within 5 days of submission. For further details and to check eligibility go to <https://www.britishlegion.org.uk/get-support/financial-and-employment-support/finance/grants/cost-of-living-grants>